

Morning Prayer for Ordinary Time



Mattishall and Tudd Valley

Seeking God together

From Monday to Saturday every week, we gather together at **9:00am** to hear God's Word and to pray together.

We intercede on behalf of our villages and our world and we seek to hear God's voice of guidance and blessing.

We invite you to join us either via Zoom using these details:

Meeting ID: 835 1392 5378

Password: 858873

You can all either use the Zoom App to join via video or call in to **0203 481 5237** and enter the same details using the keypad on your phone when prompted.

If you don't wish or are unable to use Zoom, please use this resource to join us at home.

Each day our focus is on a different village in the Benefice:

Monday—Hockering

Tuesday—Yaxham

Wednesday—Welborne

Thursday—East Tuddenham

Friday—North Tuddenham

Saturday—Mattishall

Everyone is welcome every day.

Readings for Ordinary Time 3rd February - 1st March

Date	Psalms	Old Testament	New Testament	Notes
Thurs 3 rd Feb	15	Lev 9	Phil 2:14-end	Ord 1
Fri 4 th Feb	19	Lev 16:2-24	Phil 3:1-4:1	
Sat 5 th Feb	23	Lev 17	Phil 4:2-end	
Mon 7 th Feb	30	Lev 19:1-18,30-end	1 Tim 1:1-17	Ord 2
Tues 8 th Feb	36	Lev 23:1-22	1 Tim 1:18-end of 2	
Wed 9 th Feb	34	Lev 23:23-end	1 Tim 3	
Thurs 10 th Feb	37	Lev 24:1-9	1 Tim 4	
Fri 11 th Feb	31	Lev 25:1-24	1 Tim 5:1-16	
Sat 12 th Feb	42	Num 6:1-5,21-end	1 Tim 5:17-end	
Mon 14 th Feb	44	Gen 24:1-28	1 Tim 6: 1-10	Ord 3
Tues 15 th Feb	48	Gen 24: 29-end	1 Tim 6:11-end	
Wed 16 th Feb	119:57-80	Gen 25:7-11,19-end	2 Tim 1:1-14	
Thurs 17 th Feb	57	Gen 26:34 - 27:40	2 Tim 1:15-2:13	
Fri 18 th Feb	51	Gen 27:41-end of 28	2 Tim 2:14-end	
Sat 19 th Feb	68	Gen 29:1-30	2 Tim 3	
Mon 21 st Feb	71	Gen 29:31-30:24	2 Tim 4:1-8	Ord 4
Tues 22 nd Feb	73	Gen 31:1-24	2 Tim 4:9-end	
Wed 23 rd Feb	77	Gen 31:25-32:2	Titus 1	
Thurs 24 th Feb	78:1-39	Gen 32:3-30	Titus 2	
Fri 25 th Feb	55	Gen 33:1-17	Titus 3	

Sat 26 th Feb	76	Gen 35	Philemon	
Mon 28 th Feb	80	Gen 37:1-11	Gal 1	Ord 5
Tues 1 st March	89:1-18	Gen37:12-end	Gal 2:1-10	St David



"We are called to listen ever more attentively to the God who seeks to bring transformation in Christ to us. Who longs for us to be a prayerful people, a pastoral people and a prophetic people."

– **Bishop Graham**

Prayerful: Transform us O Christ, that, deeply rooted in prayer, we may be fully alive to you and your purposes for us and for all people. Amen

Pastoral: Transform us O Christ, that, like Peter, we may hear you charging us to shepherd your sheep: may we too respond for love of you by feeding the hungry and tending the vulnerable. Amen

Prophetic: Transform us, O Christ, that, inspired by your example, we may find our voice to challenge injustice and stand up for the oppressed. Amen

Prayer for Monday

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

To you, O Lord, I lift up my soul;

O my God, in you I trust.

Word

A psalm, and one or more Bible readings is used.

Jesus said, 'Receive the Spirit.

As the Father sent me, so I send you.'

Prayers

Prayers may include these concerns:

The people of God, for inspiration by the Spirit;

The media, for healthy communication;

Those who travel, for safety and protection.

The Collect of the day or the following prayer is said:

Eternal light, shine into our hearts, eternal goodness, deliver us from evil, eternal power, be our support, eternal wisdom, scatter the darkness of our ignorance, eternal pity, have mercy upon us; that with all our heart and mind and soul and strength we may seek your face and be brought by your infinite mercy to your holy presence, through Jesus Christ our Lord.

Alcuin of York (804)

The Lord's Prayer is said

. Conclusion: May God kindle in us the fire of love. **Amen.**

Prayer for Tuesday

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Let the words of my mouth and the meditation of my heart
be acceptable in your sight,

O Lord, my strength and my redeemer.

Word

A psalm, and one or more Bible readings is used.

May your word live in us

and bear much fruit to your glory.

Prayers

Prayers may include these concerns:

The persecuted Church, for protection and faithfulness;

The criminal justice system, for wisdom and fairness;

The world's displaced people, for freedom and security.

The Collect of the day or the following prayer is said:

O Lord our God, grant us grace to desire you with our whole heart; that so desiring, we may seek and find you; and so finding, may love you; and so loving, may hate those sins from which you have delivered us; through Jesus Christ our Lord.

Anselm (1109)

The Lord's Prayer is said.

Conclusion

May God bless the work of our hands. **Amen.**

Prayer for Wednesday

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me to know your ways, O Lord,
and teach me your paths.

Word

A psalm, and one or more Bible readings is used.

The love of Christ compels us.

We are ambassadors for him.

Prayers

Prayers may include these concerns:

All who follow Christ, for growth in discipleship;

All in the medical profession;

All who have no one to pray for them.

The Collect of the day or the following prayer is said:

Reveal in us your glory, Lord; stir in us your power.

Renew in us your kingdom, Lord; strengthen in us your hope.

Work in us your miracles, Lord; abide in us yourself.

Daily Prayer (Diocese of Durham)

The Lord's Prayer is said.

Conclusion

May God who made heaven and earth bless us. **Amen**

Prayer for Thursday

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Teach me to do what pleases you, for you are my God;

let your kindly spirit lead me on a level path.

Word

A psalm, and one or more Bible readings is used.

Let us love one another because love is from God.

Everyone who loves is born of God and knows God.

Prayers

Prayers may include these concerns: Ministers of the gospel;

Those who work for reconciliation;

Those in hospital

The Collect of the day or the following prayer is said:

O gracious and holy Father, give us wisdom to perceive you, diligence to seek you, patience to wait for you, eyes to behold you, a heart to meditate upon you, and a life to proclaim you, through the power of the Spirit of Jesus Christ our Lord.

Benedict of Nursia (c.550)

The Lord's Prayer is said.

Conclusion

May Christ our redeemer bring us healing and wholeness.

Amen.

Prayer for Friday

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me a clean heart, O God,

and renew a right spirit within me.

Word

A psalm, and one or more Bible readings is used.

Jesus is the Lamb of God,

who takes away the sin of the world.

Prayers

Prayers may include these concerns: The local church, for courage to take up the cross of Christ;

Those in authority, for the right use of power;

Victims and perpetrators of violence, for healing and repentance.

The Collect of the day or the following prayer is said:

Lord Jesus Christ, we thank you for all the benefits you have won for us, for all the pains and insults you have borne for us.

Most merciful redeemer, friend and brother, may we know you more clearly, love you more dearly, and follow you more nearly, day by day.

After Richard of Chichester (1253)

The Lord's Prayer is said.

Conclusion

May Christ our Saviour give us peace. **Amen**

Prayer for Saturday

Saturday's time of prayer is informal, so there is no fixed liturgy.

If you are at home, we invite you to use the bible readings set for the day and use the Lord's Prayer during your time of intercession.

