

## Lord's Prayer

### Contemporary

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Lead us not into temptation but deliver us from evil.

For the kingdom, the power, and the glory are yours now and for ever. **Amen.**

### Traditional

Our Father, who art in heaven, hallowed be thy name;

thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation; but deliver us from evil.

For thine is the kingdom, the power and the glory, for ever and ever.

**Amen.**

## Readings

We follow the Church of England lectionary for our Psalm, Old Testament and New Testament readings. You can find details of these readings in the supplement on the website, sent in the email with this document, or available from the Church Office on [contact@matvchurch.uk](mailto:contact@matvchurch.uk) or listed on the Church of England website.

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## Mattishall and Tudd Valley

*Mattishall and Tudd Valley* serves the villages of East & North Tuddenham, Hockering, Mattishall, Welborne and Yaxham

## Mattishall and Tudd Valley



## Seeking God together

From Monday to Saturday every week, we gather together at **9:00am** to hear God's Word and to pray together.

We intercede on behalf of our villages and our world and we seek to hear God's voice of guidance and blessing.

**We invite you to join us either via Zoom using these details:**

**Meeting ID: 835 1392 5378**

**Password: 858873**

You can all either use the Zoom App to join via Video, or call in to **0203 481 5237** and enter the same details using the keypad on your phone when prompted.

If you don't wish or are unable to use Zoom, please use this resource to join us at home.

Each day our focus is on a different village in the Benefice:

Monday—Hockering

Tuesday—Yaxham

Wednesday—Welborne

Thursday—East Tuddenham

Friday—North Tuddenham

Saturday—Mattishall

**Everyone is welcome every day.**

## Prayer for Monday

Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

To you, O Lord, I lift up my soul;

**O my God, in you I trust.**

Word

*A psalm, and one or more Bible readings is used.*

Jesus said, 'Receive the Spirit.

**As the Father sent me, so I send you.'**

Prayers

*Prayers may include these concerns: The people of God, for inspiration by the Spirit; The media, for healthy communication; Those who travel, for safety and protection*

*The Collect of the day or the following prayer is said*

Eternal light, shine into our hearts, eternal goodness, deliver us from evil, eternal power, be our support, eternal wisdom, scatter the darkness of our ignorance, eternal pity, have mercy upon us; that with all our heart and mind and soul and strength we may seek your face and be brought by your infinite mercy to your holy presence, through Jesus Christ our Lord. *Alcuin of York (804)*

*The Lord's Prayer is said.*

Conclusion

May God kindle in us the fire of love.

**Amen.**

## Prayer for Saturday

Saturday's time of prayer is informal, so there is no fixed liturgy.

If you are at home we invite you to use the bible readings set for the day and use the Lord's Prayer during your time of intercession.

## Prayer for Friday

Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Make me a clean heart, O God, **and renew a right spirit within me.**

Word

*A psalm, and one or more Bible readings is used.*

Jesus is the Lamb of God, **who takes away the sin of the world.**

Prayers

*Prayers may include these concerns: The local church, for courage to take up the cross of Christ; Those in authority, for the right use of power; Victims and perpetrators of violence, for healing and repentance*

*The Collect of the day or the following prayer is said*

Lord Jesus Christ, we thank you for all the benefits you have won for us, for all the pains and insults you have borne for us. Most merciful redeemer, friend and brother, may we know you more clearly, love you more dearly, and follow you more nearly, day by day.  
*After Richard of Chichester (1253)*

*The Lord's Prayer is said.*

Conclusion

May Christ our Saviour give us peace.

**Amen.**

## Prayer for Tuesday

Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Let the words of my mouth and the meditation of my heart be acceptable in your sight,

**O Lord, my strength and my redeemer.**

Word

*A psalm, and one or more Bible readings is used.*

May your word live in us **and bear much fruit to your glory.**

Prayers

*Prayers may include these concerns: The persecuted Church, for protection and faithfulness; The criminal justice system, for wisdom and fairness; The world's displaced people, for freedom and security*

*The Collect of the day or the following prayer is said*

O Lord our God, grant us grace to desire you with our whole heart; that so desiring, we may seek and find you; and so finding, may love you; and so loving, may hate those sins from which you have delivered us; through Jesus Christ our Lord. *Anselm (1109)*

*The Lord's Prayer is said.*

Conclusion

May God bless the work of our hands.

Amen.

## Prayer for Wednesday

Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Make me to know your ways, O Lord, **and teach me your paths.**

Word

*A psalm, and one or more Bible readings is used.*

The love of Christ compels us.

**We are ambassadors for him.**

Prayers

*Prayers may include these concerns: All who follow Christ, for growth in discipleship; All in the medical profession; All who have no one to pray for them*

*The Collect of the day or the following prayer is said*

Reveal in us your glory, Lord; stir in us your power. Renew in us your kingdom, Lord; strengthen in us your hope. Work in us your miracles, Lord; abide in us yourself. *Daily Prayer (Diocese of Durham)*

*The Lord's Prayer is said.*

Conclusion

May God who made both heaven and earth bless us. **Amen.**

## Prayer for Thursday

Preparation

O God, make speed to save us.

**O Lord, make haste to help us.**

Teach me to do what pleases you, for you are my God;  
**let your kindly spirit lead me on a level path.**

Word

*A psalm, and one or more Bible readings is used.*

Let us love one another, because love is from God.

**Everyone who loves is born of God and knows God.**

Prayers

*Prayers may include these concerns: Ministers of the gospel; Those who work for reconciliation; Those in hospital*

*The Collect of the day or the following prayer is said*

O gracious and holy Father, give us wisdom to perceive you, diligence to seek you, patience to wait for you, eyes to behold you, a heart to meditate upon you, and a life to proclaim you, through the power of the Spirit of Jesus Christ our Lord. *Benedict of Nursia (c.550)*

*The Lord's Prayer is said.*

Conclusion

May Christ our redeemer bring us healing and wholeness.

**Amen.**