

North Tuddenham The Mardle

Foxglove

Digitalis purpurea

Family: Plantaginaceae

Genus: *Digitalis*

Species: 30

Biennial and perennial herbs with bell-shaped, magenta, yellow or white flowers. *Digitalis* is native to Europe, northmost Africa, west and central Asia.

'*Digitalis*' is Latin for finger making the flower's resemblance to a thimble or glove. Foxglove is considered a corruption of the term 'folk's glove' for the Irish fairie or 'good folk' who thrive among the plant in dark forest recesses. The plant is associated with rituals and mischief of little folk and possesses additional names such as 'faerie bells' and 'faerie caps'. The earliest recorded common name for *Digitalis* is 'finger-glove' which may be a corruption of the Anglo-Saxon term 'foxes glove'. The glove is a musical instrument made of bells suspended from a frame.

A Parish Newsletter

July 2022

IF YOU KNOW OF ANYONE WHO IS HAVING DIFFICULTY IN OBTAINING A PRINTED COPY OF 'THE MARDLE' - PLEASE RING MIKE: 07951 956906

Issue 465

St. Mary the Virgin—Church Notice Board

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Assistant Curate

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Website: matvchurch.uk

Churchwardens

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Mrs Christine Blake Tel: 07836 708874

July 2022 — CHURCH SERVICES

10th - 10.30 a.m. @ Village Hall - Service of the Word

24th -10.30 a.m. @ Village Hall - Holy Communion

*** Possible service in Church**

**For Sunday Services held at other parish churches within the Benefice,
please ring Church Office or see Website : matvchurch.uk for times**

**AND- all of you with access to the Internet, do please join a service being held at
9.00—9.30 am each Friday morning specifically with St. Mary's and North
Tuddenham parishioners in mind -**

<https://tinyurl.com/matv-weekdays>

RESTRICTED ACCESS to churchyard now granted.

For safety sake, please inform Contractors.

Bible Quote: Revelations 21|:4 *'He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away.'*

Village News

Villagers—Two burials last month reminds us all that our time on earth is just a journey. We are all just passing through. We must all make the most of our time and do good to others.

Also, nonagenarian, farmer, churchgoer, and generous benefactor, Roy Parfitt, is unwell at present. Our thoughts and prayers are with Kate and Ian at this time.

Church Tower & West Window -The final stages seem to be dragging on and people are impatient to return to St Mary's to worship. Me too!

The anchoring of the buttresses is in place and a concrete base set around the foundations. Drainage and resolution of excess soil problem to be resolved and then it will be complete. We have asked the contractors for a release date for services.

Window We have heard from all three potential sponsors of the restoration work on the stained glass window and with additional funding hope to give this project the green light.

Fundraising - The perennial need to raise funds for the general running of the church is critical. We are proposing two car boot sales, in July and September on a nearby field, another quiz night with general knowledge and music questions and a Christmas Lottery. *See Parish Council page.*

More news as soon as venue and dates are confirmed.

Food Bank? Another idea suggestion is to open the church on non-service weekends as a Food Bank? **What do you think?**

Cushions for church pews please - **Appeal** to all those with needlework skills and material. Contact Pat Baldwin or Jools Smith if you can help.

Other :Congratulations to Simon Dann et al for the Open Farm Sunday last month. A big success!

Platinum Jubilee BBQ — lots of disappointed people after cancellation of eagerly awaited event. Another time?

PARISH COUNCIL

Hope this edition of The Mardle finds you all well and enjoying the beautiful countryside around the village.

This last month or so has been very busy in Parish Council terms; additional extraordinary meetings were held to administer the annual External Audit. Lots of work goes in to this preparation and all thanks should be made to Cllr Baxter who assists the Council with this task. Another year has passed, another change of Internal Auditor and another clean bill of health for Accounts for 2021-22; but this year we were extraordinarily impressed with the service we received along with the recommendations and advice we acknowledge, and will be taking forward to improve our financial controls and checks in to future accounting periods.

We are also thrilled to have Debbie Hall on the team too – a full complement of keen, serving Cllrs is something to boast about!

Brainstorming session to explore ways of raising money for village good causes

Ideas:

2022 - Car boot sales, Music /general knowledge Quiz and Xmas lottery

2023 - Music concerts; Food market; Classic cars or motorbikes show; Tractor demonstration by local farmers; Wine & cheese evening; Fetes; Film nights in the nave **Other ideas please.**

Highways

Norwich Western Link

Norfolk County Councillors to debate modified route 4th July. Increase in costings and delays to time schedule.

Work not likely to start until late 2024 . Finish late 2026!!! This is nearly two years after A47 finished! Consequences. HGV traffic concerns

8-week public consultation Aug -Sep 2022.

Big question- what will happen if route not approved? Major concern!

A47 North Tuddenham -Easton

Decision by Secretary of State in August.

Meeting with Galliford Try (contractor to discuss issues). Feedback promised to villagers. Local issues to be raised include Fox Lane , A47 junctions , noise & rat running during construction stage.

Thank you and Best wishes

Vicky

JULY RECIPE: Mary Berry MARSCAPONE CARROT CAKE

INGREDIENTS

225g (8oz) S.R. Flour
2 Teaspoons Baking Powder
150g (5 oz) light Muscovado Sugar
50g (2 oz) Walnut pieces chopped
100g (4 oz) Carrots coarsely grated
2 ripe Bananas, mashed
2 Eggs
150ml (5 fl oz) Sunflower Oil



TOPPING

250g (9 oz) tub Marscapone Cheese
2-3 teaspoons Vanilla Extract
2 tablespoons sifted icing sugar
25g (1 oz) chopped W250g (9 oz) tub Marscapone Cheese

Preparation time: about 15 minutes

Cooking time: about 50-60 minutes

1. Lightly grease a 20 cm (8 inch) deep round cake tin and line the base with a circle of non-stick baking parchment. Pre-heat the oven to 180C/350F/Gas 4.
2. Measure all of the ingredients for the cake into a large bowl and mix well until thoroughly blended, an electric mixer is best for this but of course you can also beat by hand with a wooden spoon. Turn the mixture into the prepared cake tin and gently level the surface.
3. Bake in the pre-heated oven for about 50-60 minutes or until the cake is well risen, golden and beginning to shrink away from the sides of the tin. A fine skewer inserted into the centre of the cake should come out clean. Allow the cake to cool in the tin for a few minutes, then loosen the sides of the cake from the tin with a small palette knife or blunt knife, turn the cake out and leave to cool completely on a wire rack.
4. For the topping, mix the mascarpone cheese in a small bowl with the vanilla extract and the sieved icing sugar. Spread evenly over the top of the cake and scatter the chopped walnuts on top. Store in the refrigerator.

Mary Berry / JS

WORD SEARCH



Campfire

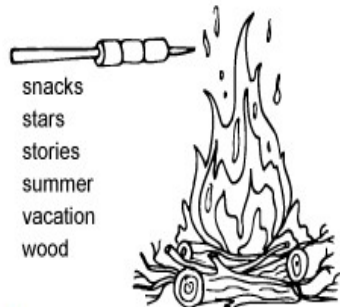


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blanket
bug spray
campfire
chairs
flame
forest

guitar
hot dogs
log
marshmallows
matches
nature

night
outdoor cooking
roasting sticks
s'mores
sing alongs
smoke



snacks
stars
stories
summer
vacation
wood

WORD LADDER

Toad

Street

Leaf through

Toward back

Phobia

Achievement

Level/smooth

Banner

Whip

Frog

Work

*Animal with
no backbone*

Slightly hot

*Where plants /
animals raised*

Cost of a ticket

Close attention

Autos

Glass Containers

Pokes

Town

Pull behind

Large amount

Male heirs

Evil actions

Rests

A place

To reference

City

Jobs



QUIZ ANSWERS - June

MUSIC – 1. Gypsies tramps & Thieves; 2. Knock 3 Times; 3. Close To You; 4. Save All Your Kisses for Me ; 5. Rocket Man.

KNOW YOUR VILLAGE:

Low Farm Slough Lane; The Common from Main Road & Terraced houses at Pastures Loke.



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No.1 Watercress Lane, (off Mill Road) Mattishall, NR20 3RJ

Tuesday – Saturday 10am – 4pm, Sunday 10am – 2pm

Tel: 07885666868 / 07885663926

Email: theacornhutfarmshop@gmail.com

New for 2022 The Squirrels Rest Café & Takeaway

We stock locally sourced Norfolk Artisan produce from around the county. Fresh fruit & vegetables from local suppliers, delivered daily. We have a wide range of fresh butcher meat, frozen fish, meat & much more. Fresh bakery bread, scones & cakes delivered twice weekly.

Fresh Crab, prawns & cockles throughout the season.

Norfolk Strawberries & Asparagus delivered daily.

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Illustration is from 'The Country Diary of an Edwardian Lady' by *Edith Holden* (1871-1920), The "Foxglove Fairy" by [Cicely Mary Barker](#) (1875-1973)

Whilst the name 'Foxglove' is the English common name we all recognise and love the plant by, there have been, and are, a whole host of alternative common names used throughout the UK which reflect the association with fairies; names such as: Fairy Caps, Fairy Gloves, Fairy Thimbles, Fairy Herb, Fairy Bells, Fairy-fingers, Goblin Gloves, Fairy Petticoats, Fairy Weed.

Another name, 'Dead Man's Bells' serves to warn of the plant's poisonous disposition. On the other hand, the names Flopdock, Floppydock, Flop-a-Dock, Flapdock, Popdock, Flop-poppy, Flop-top, Cowflop, Gooseflops, Rabbit's Flowers or Bunny Rabbits all allude to the foxglove's large soft downy leaves, on a plant that thrives in acidic soils in a wide range of habitats.

In the first-year of the Foxglove's cycle, large downy basal leaves are produced, followed in the second year by impressive flowery spikes that extend to any height between about 3 to 6 feet tall. The plants die once they have seeded, but if the flowers are picked before they go to seed, the basal leaves will last another year and they will attempt to seed again. Foxglove flowers open first at the base of the stem and then graduates upwards followed by the appearance and development of the seed-heads below.



Three basic colours self-seed – white, pink and purple. Colours generally come true to the parent plant where plants are isolated, but they cross-pollinate freely and many large groups of foxgloves include all three shades.

Norfolk Tales, Myths & More!

July 2022— VILLAGE EVENTS

ALL below held @ Village Hall unless otherwise stated

- 4th Village Hall AGM 7.30 p.m. Prompt start
- 5th Windmill Quilters 7.00 p.m. Contact Jenny Smith 01362 422051
- 11th Mid-Norfolk Guild of Spinners & Weavers 7.00—9.00p.m.
- 12th Parish Council 7.30 p.m. Prompt start
- 13th Windmill Quilters 10.00-3.00 p.m. Contact Jenny Smith
- 19th Windmill Quilters 7.00 p.m. Contact Jenny Smith
- 23rd Mid-Norfolk Guild of Spinners & Weavers 1.30—3.30 p.m.
- 27th Windmill Quilters 10.00-3.00 p.m. Contact Jenny Smith

Sincere thanks to Christine Mobbs for vital Village Hall information

THE COMMUNITY ASSOCIATION

Don't forget the Scarecrow event July & August

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Village Hall is available for hire @ very reasonable rates.
Arthur Mobbs 01362 637410

Cover: "Foxglove" by botanical artist [Christie Newman](#)