



Morning Prayer for Zoom

9am Monday to Saturday

Details for Zoom

Meeting ID: 835 1392 5378

Password: 858873

[https://us02web.zoom.us/j/83513925378?
pwd=QnZEK0lQTmF3ZEQycTJQb21LV1JQUt09](https://us02web.zoom.us/j/83513925378?pwd=QnZEK0lQTmF3ZEQycTJQb21LV1JQUt09)

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Mattishall and Tudd Valley

Mattishall and Tudd Valley serves the villages of East & North Tuddenham, Hockering, Mattishall, Welborne and Yaxham

Mattishall and Tudd Valley

Using this booklet

It has been the practice of the church since the time of the Apostles to offer prayers daily, with its roots in the same practice in Judaism.

This booklet contains the words we use at our Zoom Morning Prayer services, both during the Christian seasons, and the rest of the year called Ordinary Time. During a season we use a form of words appropriate to that season. During Ordinary Time we use a different form for each day. There is no form for Saturday, because Morning Prayer for Saturday is open-ended and non liturgical.

We also pray particularly for a village in the benefice each day of the week, whichever form we are using.

Monday	1	Hockering
Tuesday	2	Yaxham
Wednesday	3	Welborne
Thursday	4	East Tuddenham
Friday	5	North Tuddenham
Saturday		Mattishall
Advent	6	
Christmas	7	
Epiphany	8	
Lent	10	
Passiontide	11	
Easter	12	
Ascension to Pentecost	13	
All Saints until Advent	14	

The readings for each day are available on the Church of England website, at www.matvchurch.uk or here:

<https://tinyurl.com/2023-MATV-MP-Readings>

Prayer for All Saints until Advent

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Teach me your way, O Lord, and I will walk in your truth;
knit my heart to you, that I may fear your name.

Psalm 86.11

The Word of God

One or more psalms, and one or more Bible readings are used.

I will sing for ever of your love, O Lord.

My lips shall proclaim your faithfulness.

Prayers

Prayers may include these concerns: That the Church, to bear the fruit of the Spirit; That the world, to hear the word of God; That the saints on earth may be inspired by the saints in glory.

The Collect of the day or the following prayer is said

Almighty and everlasting God,
you have kindled the flame of love in the hearts of the saints;
grant to us the same faith and power of love,
that as we rejoice in their triumphs,
we may be sustained by their example and fellowship;
through Christ our Lord.

Gothic Missal

The Lord's Prayer is said (see back page for words).

The Conclusion

May God give us grace to follow the example of the saints in glory.

Amen.

Prayer for Ascension to Pentecost

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Gladden the soul of your servant,
for to you, O Lord, I lift up my soul.

Psalm 86.4

The Word of God

One or more psalms, and one or more Bible readings are used.

Come, Holy Spirit, fill the hearts of your people,
and kindle in us the fire of your love.

Prayers

Prayers may include these concerns: That God's royal priesthood will be empowered by the Spirit; That the world's rulers will work for justice; That those who wait on God will find renewal.

The Collect of the day or the following prayer is said

God of power,
may the boldness of your Spirit transform us,
may the gentleness of your Spirit lead us,
may the gifts of your Spirit equip us
to serve and worship you
now and always.

A New Zealand Prayer Book

The Lord's Prayer is said (see back page for words).

The Conclusion

May the grace of the Holy Spirit enlighten our hearts and minds.

Amen.

Prayer for Monday

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

To you, O Lord, I lift up my soul;
O my God, in you I trust.

Word

A psalm, and one or more Bible readings is used.

Jesus said, 'Receive the Spirit.

As the Father sent me, so I send you.'

Prayers

Prayers may include these concerns: The people of God, for inspiration by the Spirit; The media, for healthy communication; Those who travel, for safety and protection

The Collect of the day or the following prayer is said

Eternal light, shine into our hearts, eternal goodness, deliver us from evil, eternal power, be our support, eternal wisdom, scatter the darkness of our ignorance, eternal pity, have mercy upon us; that with all our heart and mind and soul and strength we may seek your face and be brought by your infinite mercy to your holy presence, through Jesus Christ our Lord.

Alcuin of York (804)

The Lord's Prayer is said.

Conclusion

May God kindle in us the fire of love.

Amen.

Prayer for Tuesday

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Let the words of my mouth and the meditation of my heart
be acceptable in your sight,

O Lord, my strength and my redeemer.

Word

A psalm, and one or more Bible readings is used.

May your word live in us

and bear much fruit to your glory.

Prayers

Prayers may include these concerns: The persecuted Church, for protection and faithfulness; The criminal justice system, for wisdom and fairness; The world's displaced people, for freedom and security

The Collect of the day or the following prayer is said

O Lord our God, grant us grace to desire you with our whole heart;
that so desiring, we may seek and find you; and so finding, may love
you; and so loving, may hate those sins from which you have
delivered us; through Jesus Christ our Lord.

Anselm (1109)

The Lord's Prayer is said.

Conclusion

May God bless the work of our hands.

Amen.

Prayer for Easter

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

I will call upon the Most High God,

the God who fulfils his purpose for me.

Psalm 57.3

The Word of God

One or more psalms, and one or more Bible readings are used.

Alleluia. Jesus is the resurrection and the life.

Those who believe in him shall never die. Alleluia.

Prayers

Prayers may include these concerns: That the people of God might proclaim the risen Lord; That humankind will care for creation; That those in fear of death will find faith through the resurrection.

The Collect of the day or the following prayer is said

Almighty and eternal God,
the strength of those who believe
and the hope of those who doubt,
may we, who have not seen, have faith,
and receive the fullness of Christ's blessing,
who is alive and reigns with you in the unity of the Holy Spirit,
one God, now and for ever.

Book of Alternative Services (Anglican Church of Canada)

The Lord's Prayer is said (see back page for words).

The Conclusion

May the risen Christ give us his peace.

Alleluia. Amen.

Prayer for Passiontide

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

My trust is in you, O Lord.

I have said 'You are my God.'

Psalm 31.14

The Word of God

One or more psalms, and one or more Bible readings are used.

We adore you, O Christ, and we bless you,

because by your holy Cross you have redeemed the world.

Prayers

Prayers may include these concerns: The suffering Church; The oppressed peoples of the world; The persecuted and falsely accused.

The Collect of the day or the following prayer is said.

Lord Jesus Christ,

you humbled yourself in taking the form of a servant,

and in obedience died on the cross for our salvation:

give us the mind to follow you

and to proclaim you as Lord and King,

to the glory of God the Father.

Post Communion for Palm Sunday

The Lord's Prayer is said (see back page for words).

The Conclusion

May Christ our Saviour give us peace. **Amen.**

Prayer for Wednesday

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me to know your ways, O Lord,

and teach me your paths.

Word

A psalm, and one or more Bible readings is used.

The love of Christ compels us.

We are ambassadors for him.

Prayers

Prayers may include these concerns: All who follow Christ, for growth in discipleship; All in the medical profession; All who have no one to pray for them

The Collect of the day or the following prayer is said

Reveal in us your glory, Lord;

stir in us your power.

Renew in us your kingdom, Lord;

strengthen in us your hope.

Work in us your miracles, Lord;

abide in us yourself.

Daily Prayer (Diocese of Durham)

The Lord's Prayer is said.

Conclusion

May God who made both heaven and earth bless us.

Amen.

Prayer for Thursday

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Teach me to do what pleases you, for you are my God;
let your kindly spirit lead me on a level path.

Word

A psalm, and one or more Bible readings is used.

Let us love one another, because love is from God.

Everyone who loves is born of God and knows God.

Prayers

Prayers may include these concerns: Ministers of the gospel; Those who work for reconciliation; Those in hospital

The Collect of the day or the following prayer is said

O gracious and holy Father, give us wisdom to perceive you,
diligence to seek you, patience to wait for you,
eyes to behold you, a heart to meditate upon you,
and a life to proclaim you,
through the power of the Spirit of Jesus Christ our Lord.
Benedict of Nursia (c.550)

The Lord's Prayer is said.

Conclusion

May Christ our redeemer bring us healing and wholeness.

Amen.

Prayer for Lent

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Hear my prayer, O Lord, and give ear to my cry;
hold not your peace at my tears.

Psalm 39.13

The Word of God

One or more psalms, and one or more Bible readings are used.

To you, O Lord, I lift up my soul:

O my God, in you I trust.

Prayers

Prayers may include these concerns: Those preparing for baptism and confirmation; Those serving through leadership; Those looking for forgiveness.

The Collect of the day or the following prayer is said.

Teach us, good Lord, to serve you as you deserve;
to give and not to count the cost;
to fight and not to heed the wounds;
to toil and not to seek for rest;
to labour and not to seek for any reward,
save that of knowing that we do your will.
After Ignatius of Loyola (1556)

The Lord's Prayer is said (see back page for words).

The Conclusion

May God bless us and show us compassion and mercy. **Amen.**

Prayer for Epiphany

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

With you, O God, is the well of life
and in your light shall we see light.

O continue your loving-kindness to those who know you
and your righteousness to those who are true of heart.

Psalm 36.9,10

The Word of God

One or more psalms, and one or more Bible readings are used.

Arise, shine, for your light has come;
the glory of the Lord is rising upon you.

Prayers

Prayers may include these concerns: The unity of the Church; The peace of the world; The healing of the sick.

The Collect of the day or the following prayer is said.

Almighty God,
your Son Jesus Christ is the light of the world.
Grant that your people may shine with the radiance of his glory,
that he may be known, worshipped and obeyed
to the ends of the earth,
now and for ever.

Book of Common Order (Church of Scotland)

The Lord's Prayer is said (see back page for words).

The Conclusion

May the light of Christ our Lord shine in all our hearts. **Amen.**

Prayer for Friday

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

Make me a clean heart, O God,
and renew a right spirit within me.

Word

A psalm, and one or more Bible readings is used.

Jesus is the Lamb of God,
who takes away the sin of the world.

Prayers

Prayers may include these concerns: The local church, for courage to take up the cross of Christ; Those in authority, for the right use of power; Victims and perpetrators of violence, for healing and repentance

The Collect of the day or the following prayer is said

Lord Jesus Christ, we thank you
for all the benefits you have won for us,
for all the pains and insults you have borne for us.
Most merciful redeemer, friend and brother,
may we know you more clearly, love you more dearly,
and follow you more nearly, day by day.
After Richard of Chichester (1253)

The Lord's Prayer is said.

Conclusion

May Christ our Saviour give us peace.

Amen.

Prayer for Advent

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

My soul waits for the Lord,
more than the night watch for the morning.

The Word of God

One or more psalms, and one or more Bible readings are used.

My soul is waiting for you, O Lord.

In your word is my hope.

Prayers

Prayers may include these concerns: That the Church will be ready for the coming of God; That the nations will be subject to the rule of God; That the broken will find healing from God.

The Collect of the day or the following prayer is said.

Keep us, O Lord, while we tarry on this earth, in a serious seeking after you, and in an affectionate walking with you, every day of our lives; that when you come, we may be found not hiding our talent, nor serving the flesh, nor yet asleep with our lamp unfurnished, but waiting and longing for our Lord, our glorious God for ever.

Richard Baxter (1691)

The Lord's Prayer is said (see back page for words).

The Conclusion

May the Lord make us ready for his coming in glory. **Amen.**

(or)

'Surely I am coming soon,' says the Lord.

Amen. Come, Lord Jesus.

Prayer for Christmas

Preparation

O God, make speed to save us.

O Lord, make haste to help us.

I will listen to what the Lord will say,
for he shall speak peace to his people and to the faithful.

Psalm 85.8

The Word of God

One or more psalms, and one or more Bible readings are used.

The word was made flesh and lived among us,
and we have seen his glory.

Prayers

Prayers may include these concerns: The Church, especially in places of conflict; Rulers, especially in the Holy Land; Children, especially refugees and the vulnerable.

The Collect of the day or the following prayer is said.

Father of lights,
from whom comes every good and perfect gift:
keep us in the light of Christ,
to shine in your world,
that all may believe in you,
through Jesus Christ our Lord.

The Promise of His Glory

The Lord's Prayer is said (see back page for words).

The Conclusion

*May the grace of Christ our Saviour be with us all. **Amen.***