

North Tuddenham *The Mardle*



May 2020
A Parish Newsletter

Issue 439

St. Mary the Virgin—Church Notice Board

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Churchwardens

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Tel: 07719 341282

Mrs Christine Blake

Tel: 07836 708874

MAY 2020 CHURCH SERVICES

The Archbishops of Canterbury & York have said that Church of England Services should be put on hold amid the Covid-19 crisis that is sweeping across the U.K. Public Services therefore will not be held until further notice.
17th March

However, all of you with access to the Internet, do please join a service being held at 9.00—9.30 am each Friday morning, specifically with St.

Mary's and North Tuddenham parishioners in mind

<https://zoom.us/j/989091148?pwd=MWVWMUVHNXYxcG94YTFZMDhoYUrdz09>

Or

for 10.00 a.m. Sunday Service for Benefice

<https://zoom.us/j/224497494?pwd=THUOE5qNHRadHpTQ1ZnQlIwZ0puQT09>

May 2020 Church Flower Rota

NOTE TO ALL FLORISTS:

Whilst St. Mary's has temporary restrictions placed upon it due to the Corona virus, may we leave the decision as to putting flowers into the church entirely at your discretion. The church may still have limited opening times, but it's realised that it could be extremely difficult for many of you to locate/purchase flowers.
So please do not cause difficulties for yourselves.



Access to St Mary's Church

By prior arrangement only with churchwarden Jools Smith 07719 341282

Village & Church News

Personal Reflection:

“At the end of the storm is a golden sky and the sweet silver song of a lark..... and you’ll never walk alone.”

Let’s stick together and be there for each other.

God bless.

C.B.

• **St Marys Church Tower Update**

A sad knock-on effect of Covid-19 is that the National Lottery Heritage Fund has suspended further submissions for grants **indefinitely**. Money will be diverted to support existing projects through an Emergency Fund. We will still proceed with preparing a costed project proposal.

Rich individual benefactors required!

The fear expressed by our Architect and Structural Engineer is that if this takes until next year, then the tower structure may not be still standing. We may have to resort to propping up the buttresses in the short term.

- **St Marys remains CLOSED until further notice.** Visitors to churchyard are still permitted but keep away from the tower. Weekend visits by appointment only.

- **Well done to our Local Shops !** - Vikki ,Gavin & Erin at The Lodge are very busy in challenging working conditions supplying food for villagers to collect while Simon and his team at Danns Farm are supplying and delivering milk eggs and bread . See internet Facebook or last month’s Mardle for contact details.

- **Recent Deaths** - see separate articles

North Tuddenham Parish Council

AGM 12th May has been postponed. Elections deferred.

- **Breckland Council** Received a grant from of £1000 to assist local communities
- **TudBuds launched**
Contact Jonathan Stapleton for info

- **A47 Consultations—** Did you go? Have you sent your response in?

As your representative on regular liaison meetings about major highways in the area I have contacted Highways Department of Norfolk County Council to ensure that our concerns about minor roads are heard by them and Highways England. ***To view my e-mail to them and their reply please contact our clerk at clerk.northtuddenham@gmail.com or go to our website M.S.***

- **Goodbye Pat, hello Vicky** - After 17 years as Parish Clerk, Pat Baldwin has finally decided to put her feet up and spend more time with Geoff. I asked her what I should say about her retirement in the Mardle and she asked me not to overdo it ***"I always gave 100% to this village and wouldn't rest until I had an answer to a particular question."*** You can't ask for more than that.! Enjoy your retirement, Pat!

Hello, I am Vicky Turner and I am very honoured, if somewhat nervous, at having temporarily stepped into Pat's shoes at her retirement earlier in March. Most of you will know Pat Baldwin personally and know of her amazing contribution to village life and of course, Parish Council life, over the years. On behalf of the Chairman, Jonathan Stapleton, and all the other Councillors, we would very much like to thank Pat for her service and wish her a long, but doubtless very busy, retirement.

In the meantime, whilst I am not up to speed with village life yet, I would like to say that I am very much looking forward to catching up with what's what, and of course, working for you all, for a while. North Tuddenham has always had a special place in my heart, being the village where my mother grew up, and where at St Mary's Church she and my father married, and now lay at rest together, under the shadow of the remarkable tower that you are all working so hard to preserve. I would like to thank Pat, and all the other Councillors, for such a warm welcome and I very much hope I can fill those enormous shoes!

May Recipe

Springtime Risotto

Ingredients

1 Fresh onion, chopped	1 stick celery (optional)
100g Frozen peas	100g Frozen broad beans
100g Frozen spinach	Garlic clove, finely chopped or purée
Olive oil & knob of butter	300g Arborio rice
1 litre Vegetable stock	Basil or Parsley, finely chopped
70g Parmesan/ Pecorino or Cheddar, finely grated	
Sea salt & freshly ground black pepper	
Olive oil & a squeeze of lemon juice to finish	

Method

Bring the stock to a gentle simmer in a pan.

Place a little oil & butter in a high-sided frying pan, then gently fry the onion & celery, season with a little salt & pepper for around 7-8 minutes until soft . Turn the heat up & add the rice & stir so it takes on all the flavour.

Add a ladle of the hot stock, stir, & when it's been absorbed add more. Do this for around 15 minutes, adding a ladle every minute, or when the rice needs more to keep it on the move, stirring gently all the time.

Now add the frozen vegetables, more stock & cook for around 5 minutes.

Next add another ladle of stock & most of the cheese. Pop the lid on, turn the heat off & let it sit for 2 minutes.

Serve in a warm bowl, finishing with a drizzle of oil, a grating of cheese, a squeeze of lemon juice & a generous sprinkling of fresh flat parsley.

Season to your liking.

When you prepare this dish, please spare a thought for Jo, our resident recipe supremo, whose mum died recently.

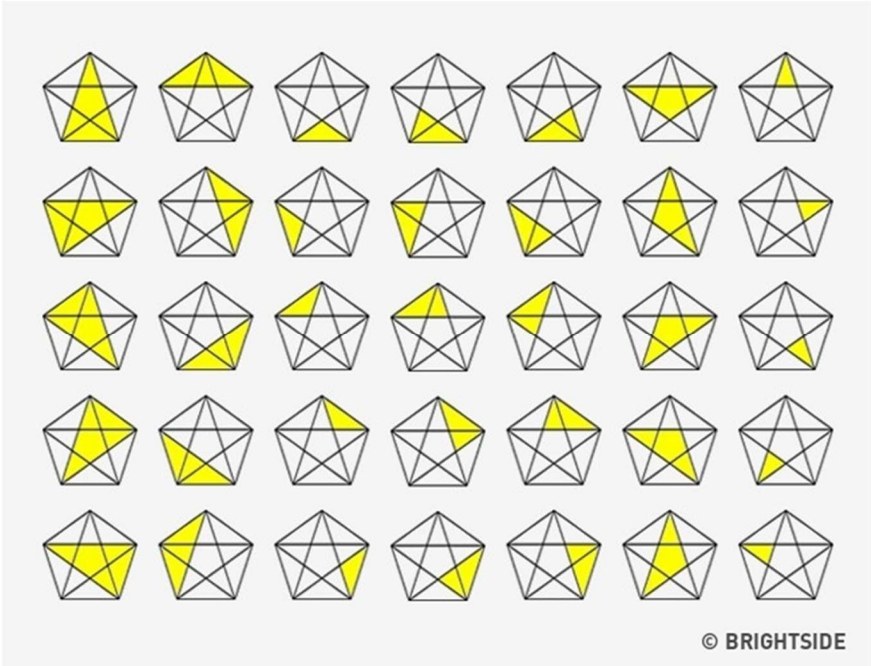
Thank you for doing this in the circumstances and having broken your wrist!

Brain teasers

April's Puzzle: Answer

April

How many triangles did you find? 35



May

Riddle No.1:

What does man love more than life, hate more than death or mortal strife; that which contented men desire; the poor have, the rich require; the miser spends, the spendthrift saves, and all men carry to their graves?

Riddle No.2:

What is $\frac{3}{7}$ chicken, $\frac{2}{3}$ cat and $\frac{2}{4}$ goat?

Riddle No.3: The day before yesterday I was 21, and next year I will be 24. When is my birthday?

WORD LADDERS – Go from top word changing one letter at a time to make valid four letter words until you make the bottom word

ONLY

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WIRE

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VEER

FLIP

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BEAD

FOUL

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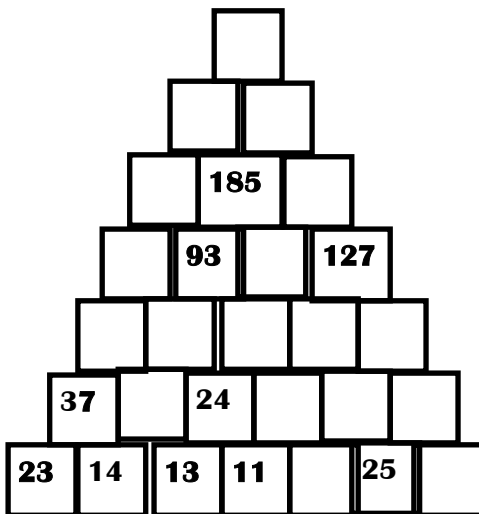
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HEIR

NUMBER TOWER



The value of each square in the number pyramid is the sum of the two squares directly under it

Gill Greeves

The cremation of Gill, aged 85, took place at Breckland Crematorium, Scoulton, near Watton on Tuesday 14th April.

Because of the Covid-19 pandemic only close family attended, although it was broadcast via the Obitus website. Very moving, especially the haunting last song by Sarah McLachlan.

"You're in the arms of the angel, may you find some comfort here."

Gill first came to live in North Tuddenham in the 50's, where with her then husband had their three children, Elizabeth Richard and Chris. In the middle 60's she left North Tuddenham, firstly moving to Little Plumstead and then moving back this way, living and finishing raising her children in East Dereham.

In the 70's Gill moved back to North Tuddenham with her present husband (now deceased), Rodney, where alongside Uncle Bill and Chris, she lived at Dale Tree Farm until her passing on the 25th March 2020.

In her time and until her health deteriorated, she was an active part of the weekly whist drive held at the Village Hall and also helped with the annual Christmas Turkey & Tinsel, giving her time and raising a decent amount of money for both village hall and church.



It is hoped to have a celebration of her life when social distancing restrictions are lifted.

Gill Greeves will be sadly missed by family and friends.

KEEP FIT AT HOME

Visit **Joe Wicks, the Body Coach**, on YouTube for some useful exercises for grown ups and kids to do during periods of self –isolation.

Do each exercise for 40 secs. with 20 secs. rest in between each one.

Example

1. *MARCHING – Knees up, arms in and out*

2. *TOE TOUCHING -Left hand to right foot and vice-versa*

3. *ARM STRETCHING—Out to side, out to front, back to side and down*

4. *SQUAT—Bend legs with arms down then stand up moving arms upwards in a circle until they touch again above your head.*

5. *BOXING—Adopt boxing stance and then throw punches with left and right hand*

Check out his various videos on you tube – exercises for all ages; some even when sitting in a chair.

Over the Centuries

Chapter 5 . The Coming of the Romans

After the Roman invasion of 43AD the Roman way of life was eventually adopted by most of the British, including the Iceni of our region.

It is reasonable to assume Roman style settlements were spaced evenly along the south slope of the Tud Valley and there is evidence of one on Badley Moor, one in the vicinity of the church and a third just east of Rotten Row in East Tuddenham. Grey ware pottery suggest the holding at North Tuddenham was established by the middle of the second century AD.

Poppy Wood was a ploughed field in my fieldwalking days. Here I found a concentration of Roman grey ware pottery on a circular site about 100 yards in diameter at a level which was open to the winds from any direction. The grey pottery and shape of the site suggested to me a Roman pottery kiln from around 50 AD to 150 AD but not later.

Pottery from the entire Roman Period can be found thinly spread over much of the present plough land in the village, except east of the church to the parish eastern boundary. Sherds of Samian, which must have been imported from Gaul, appear occasionally.

Towards the end of the Roman Period the Iron Age 'hill fort' appears to have adopted the Roman way of life. Sherds of Roman pottery known as Nar Valley Ware appear on site. This type of pottery was identified by Tony Gregory of N.A.U. who said it was unusual to find examples so far east of the Nar Valley and he dated it to late fourth /early fifth century AD.

There remains no evidence of a brick or stone building, but a piece of petrified clay fire bar remained. This find points to a hypercaust which in turn suggests a dwelling with under floor and wall heating which would necessitate a brick and tile building.

A 19th Century map includes an area of scrub where a building may have stood. It also fitted the area of the pottery finds.

Roman rule ended in Britain by 410 AD.

Next month : **Chapter 6 The Saxons**

R.N.

Archaeology Extra

Here is a photo showing 4 views of a copper alloy brooch in the form of a Cicada, which was found in North Tuddenham during 2016. It dates to the Early Anglo-Saxon period, the 5th century AD, and is an extremely rare object, though it may not look very exciting, being stained with rust from the soil in which it was buried. It is made more extraordinary by the fact that it is unfinished or miscast, which suggests it was made locally. Cicada brooches were made on the Continent.

Dr Andrew Rogerson



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Sad news

Thomas Almon, of Totem ,4 Low Road West, North Tuddenham died recently.

An American by birth, he did a lot of deep sea diving , I'm told.

Condolences to his widow and family .

The Acorn Hut Farm Shop & Plant Nursery

Watercress Lane, Mattishall NR20 3RJ

Open Wednesday to Sunday 10am - 4pm

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We stock locally sourced artisan products from around Norfolk, fresh fruit & vegetables home grown & from local suppliers. Our very own home reared pork & free-range corn-fed chicken eggs.

Spring & Summer are on the way! We will be taking in hanging baskets & tubs from March to May for refilling for that wonderful Summer display. We will be stocking a good range of patio & basket plants, summer bedding, ready planted tubs & hanging baskets, shrubs, compost & grow bags.

Follow us on Facebook – The Acorn Hut Farm Shop & Plant Nursery or Two Oaks Plant Supply for updates, events & late-night openings.

T.E.S.

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PENTECOST



The liturgical celebrations of Pentecost in Western churches are as rich and varied as those in the East. The main sign of Pentecost in the West is the colour red. It symbolizes passion, blood, fire, God's love, and Jesus' martyrdom.

Priests, ministers and choirs wear red vestments, and in modern times the custom has extended to the lay people of the congregation wearing red clothing in celebration as well. Red banners may often be hung from walls or ceilings to symbolize the blowing of the "mighty wind" and the free movement of the Spirit.

The celebrations may depict symbols of the Holy Spirit, such as the dove or flames: symbols of the church such as Noah's Ark, or especially within Protestant churches of Reformed and Evangelical traditions, words rather than images naming for example, the gifts and Fruits of the Spirit.

Red flowers at the altar, and red flowering plants such as Geraniums (*Pelargonium's*) around the church are also typical decorations for Pentecost services. These symbolize the renewal of life, the coming of the warmth of summer, and the growth of the church at and from the first Pentecost. In the southern hemisphere, for example, in southern Australia, Pentecost comes in the mellow autumn, after the great heat of summer, and the red leaves of the poinsettia have often been used to decorate churches then.

These flowers often play an important role in the rites of the particular congregation. For example, in both Protestant and Catholic churches, the plants brought in to decorate for the celebration may be each "sponsored" by individuals in memory of a particular loved one, or in honour of a living person on a significant occasion, such as their Confirmation day.

This year, 2020, Pentecost Sunday falls on May 31st.



Forthcoming Village Events

Sadly, all events on hold pending clarification from the Government concerning the Covid-19 crisis

BUT!

At some point in the future we intend to continue with our events already planned i.e. V E Day Celebrations; Dann's Farm Open Day; Battle of Britain Organ Concert

Some things to look forward to, lets hope they're sooner rather than later!

VILLAGE HALL EVENTS

Due to the Coronavirus epidemic, Government restrictions on public gatherings necessitate temporary cancellation of Village Hall events. Please contact your organiser for any of the usual clubs for further information.

David Riches of The Gardeners wishes all gardening members a successful spring season, and asks that you contact him for updates, or any help/information that is required. 01603 880458

Sincere thanks to Christine Mobbs for vital Village Hall information

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For inclusion of events or changes to rear page ring Anne 07780753369 before 16th month

Parish Council Website: www.northtuddenham.net

Village Hall is available for hire @ very reasonable rates. **Arthur Mobbs** 01362 637410